



## Cytokine and CAM Antagonists: Oral PDE-4 inhibitors

Please fax this completed form to (833) 645-2734 OR mail to: Centene Pharmacy Services | 5 River Park Place East, Suite 210 | Fresno, CA 93720. You can also complete online at [CoverMyMeds.com](https://www.covermymeds.com).

Coordinated Care of Washington, Inc. (Apple Health) Preferred Drug list:

[https://www.coordinatedcarehealth.com/content/dam/centene/centene-pharmacy/pdl/FORMULARY-CoordinatedCare\\_Washington.pdf](https://www.coordinatedcarehealth.com/content/dam/centene/centene-pharmacy/pdl/FORMULARY-CoordinatedCare_Washington.pdf)

For policy criteria, see: [https://www.coordinatedcarehealth.com/content/coordinatedcare/en\\_us/providers/resources/clinical-payment-policies.html/](https://www.coordinatedcarehealth.com/content/coordinatedcare/en_us/providers/resources/clinical-payment-policies.html/)

Date of request:	Reference #:	MAS:	
Patient	Date of birth	ProviderOne ID or Coordinated Care ID	
Pharmacy name	Pharmacy NPI	Telephone number	Fax number
Prescriber	Prescriber NPI	Telephone number	Fax number
Medication and strength	Directions for use		Qty/Days supply

1. Is this request for a continuation of therapy?  Yes  No

If yes, does patient have clinical documentation demonstrating disease stability or a positive clinical response?  Yes  No

2. Is this prescribed by, or in consultation with, any of the following? Check all that apply:

Dermatologist  Ophthalmologist  Rheumatologist  
 Other. Specify: \_\_\_\_\_

3. Will the requested medication be used in combination with another Cytokine and CAM medication?

Yes  No

4. If request is non-preferred, has patient had treatment with one or more preferred Cytokine and CAM medications on the Apple Health Preferred Drug List (AHPDL) that was ineffective, contraindicated or not tolerated?

Yes. List each medication and duration of trial:

Medication Name: \_\_\_\_\_ Duration: \_\_\_\_\_

Medication Name: \_\_\_\_\_ Duration: \_\_\_\_\_

Medication Name: \_\_\_\_\_ Duration: \_\_\_\_\_

No. Explain why a preferred product(s) have not been tried: \_\_\_\_\_

5. What is patient current weight: \_\_\_\_\_ kg Date taken: \_\_\_\_\_

6. Indicate patient's diagnosis and answer the associated questions as indicated:

Behcet's disease (questions 7 - 9)

Plaque Psoriasis (questions 10 - 14)

Psoriatic Arthritis (PsA) (questions 15 - 18)

**For diagnosis of Behcet's disease:**

7. Does patient have recurrent Behcet Syndrome manifesting as oral ulcers of the mouth?  
 Yes  No
8. Has patient had a history of failure, contraindication, or intolerance to the following? Check all that apply:  
 Topical corticosteroids (e.g., triamcinolone) [minimum trial of 7 days]  
 Sucralfate mouthwash [minimum trial of 7 days]  
 Colchicine [minimum trial of 3 months]  
 Oral corticosteroids (e.g., prednisone) [minimum trial of 1 month]
9. **For continuation of therapy:** Has documentation been submitted demonstrating disease stability or a positive clinical response (e.g., improvement in oral lesions, vitreous haze, visual acuity, corticosteroid usage, etc.)?  
 Yes  No

**For diagnosis of Plaque Psoriasis**

10. Does patient have presence of ongoing disease for greater than 6 months?  Yes  No
11. Please indicate the following for patient:  
 Disease affects at least 10% body surface area  Disease affects the face, ears, hands, feet, or genitalia
12. Have baseline assessments been submitted (e.g., body surface area (BSA), Psoriasis Area and Severity Index (PASI), Psoriasis Physician's Global Assessment (PGA), itch numeric rating scale, etc.)?  Yes  No
13. Has patient had a history of failure, contraindication, or intolerance to the following? Check all that apply:  
 Phototherapy (UVB or PUVA) [minimum trial of 12 weeks]  
 Treatment with at least one non-Cytokine and CAM DMARD (e.g., methotrexate, cyclosporine, acitretin, azathioprine, etc.) [minimum trial of 12 weeks]
14. **For continuation of therapy:** Has documentation been submitted demonstrating disease stability or a positive clinical response (e.g., improvement in BSA, PASI, Psoriasis PGA, itch numeric rating scale)?  Yes  No

**For diagnosis of Psoriatic Arthritis**

15. Has patient had treatment with at least one non-Cytokine and CAM disease-modifying antirheumatic drug (DMARD) that has been ineffective, contraindicated or not tolerated [minimum trial of 3 months]?  
 Yes  No
16. Does patient have presence of active, severe disease indicated by provider assessment?  
 Yes  No
17. Does patient have presence of any of the following? Check all that apply:  
 Erosive disease  
 Elevated C-reactive protein (CRP) or erythrocyte sedimentation rate (ESR)  
 Long-term damage interfering with function (e.g., joint deformities, vision loss)  
 Major impairment of quality of life due to high disease activity at many sites (including dactylitis, enthesitis) or functionally limiting arthritis at a few sites.

18. **For continuation of therapy:** Has documentation been submitted demonstrating disease stability or a positive clinical response (e.g., improvement in joint pain, swelling, activities of daily living, reduction in diseases flares, etc.)?  Yes  No

**CHART NOTES ARE REQUIRED WITH THIS REQUEST**

Prescriber signature

Prescriber specialty

Date

Centene Pharmacy Services will respond via fax or phone within 24 hours of receipt of the request. Requests for prior authorization must include member name, ID#, and drug name. Please include lab reports with requests when appropriate (e.g., Culture and Sensitivity; Hemoglobin A1C; Serum Creatinine; CD4; Hematocrit; WBC, etc.)